



School Name:

Address:

City, State, Zip:

Date:

Dear

I am pleased to inform you that our school has access to several free digital courses that equip students with knowledge around building healthy relationships, understanding mental wellness, and exploring Black history. The NFL Foundation has partnered with EVERFI from Blackbaud to provide these resources at no cost to schools nationwide. For the past 15 years, EVERFI has empowered educators to bring real-world learning into the classroom with instructional resources focused on topics that are determinant to student wellness and success.

The following NFL-sponsored courses are standards-aligned and research-based as they fulfill the criteria set forth by ESSA (Every Student Succeeds Act) federal requirements for Tier 4 evidence of efficacy:

- **Character Playbook: Building Healthy Relationships** (grades 6-9) teaches students how to establish and maintain healthy, supportive relationships with their classmates. Through an interactive learning experience, students engage in true-to-life scenarios that explore the fundamentals of communication, conflict resolution, and managing emotions.
- **Understanding Mental Wellness** (grades 8-12) introduces students to the topic of mental health and how they can implement coping strategies to manage their own challenging thoughts, emotions, and behaviors. Through real-world scenarios, students learn how to support friends and family who may be struggling, how to recognize when to seek help, and how to access appropriate resources to do so.
- **306: Black History** (grades 8-12) is a newly updated digital course exploring the lives, stories, and lessons of Black Americans throughout history. Broad chronological periods of Black history are highlighted, including African history prior to 1600 CE, the slavery period, the abolition and reconstruction period, the Civil Rights Movement, and contemporary individuals integral to the study of Black history.

These digital courses are available on the EVERFI K-12 learning platform, which educators at our school can access at no cost. The platform tracks individual student progress and knowledge gain for educators. It also provides students with the opportunity to earn a course certificate for passing all post-assessments.

EVERFI has a dedicated, regional team available to answer any questions you might have. They provide free support ranging from professional learning events to trainings. You can contact them at [k12schools@everfi.com](mailto:k12schools@everfi.com).

Best regards,